

# JOIN THE CLUB!



# The 4-H ADVANTAGE

Friends for Life
FUN PROJECTS
Personal
Development

TEAMWORK
Self CONFIDENCE

LEADERship EDUCATION









HEAD

HEART

HANDS

**HEALTH** 

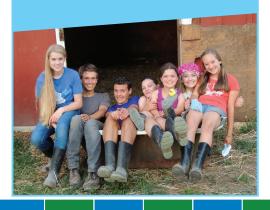
# **4-H provides OPPORTUNITIES**

4-H Clubs provide opportunities for participants, ages 9-21 to become productive, self-assured adults who can make their community and country a good place to live. This is fostered through project and program work, experiences with their 4-H club members and leaders and their participation in district, regional provincial, national and even international programs.

4-H BC members can earn Grade 11 and 12 high-school credits through their club work. Youth can also apply for scholarships, exchange programs and internships.

#### 4-H'ers PLEDGE THEIR...

HEART to Greater Loyalty
HANDS to Larger Service and
HEALTH to Better Living, for
their Club, their Community and
their Country.



# Learn To Do By Doing

Learning through experience is a key objective of the 4-H program. Through 4-H, members learn to take responsibility, make decisions, and work as a team. Members and leaders develop skills and interests, discover special talents, and gain the self-confidence that comes from achievement.









### **TESTIMONIALS**

"4-H has taught me leadership skills and how to use them to be an effective leader in my community. 4-H has helped me expand my resources and learn about agriculture in our community, province and country."

-Mia W.

"My favorite part of 4-H is meeting new people, amazing travel opportunities and increasing my communication skills."
-Spencer W.

"I'm a second generation 4-H member. During my long involvement with the clubs, I have realized that it is not only a place for great opportunities, fun and building memories, but also the best place for youth to develop public speaking and communication skills, as well as become the best person they can be." -Sara-Kate S.

# WHAT INTERESTS YOU?

Take the future into your hands and explore a world of infinite possibilities. With projects ranging from gardening and foods to small engines, to creative arts or livestock, there is something that will interest you! Through 4-H project work you will build skills in communication, leadership and teamwork.

### **Project Selection**



# Sustainable Agriculture & Food Security

- Field Crops
- Agriforestry
- Honey Bee
- Livestock
  - Beef
  - Dairy
  - Horse
  - Goat

- Gardening
- Food
- Aquaculture
  - Swine
  - Poultry
  - Llama
  - Sheep

### **Environment & Healthy Living**

- Environment
- Outdoor Living
- Bicycle
- Arts
  - Crafts
  - Leather Craft
  - Photography

- Small Animals
  - Dog
  - Cavy (guinea pig)
  - Rabbit
- Textiles
  - Clothing
  - •Fibre Arts



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- Farm Tractor/Machinery
- Small Engines
- Self Determined Options



# Community Engagement & Communication

- Junior Leadership
- Adopt-A-Grandparent
- Cloverbuds
- Ambassador



### A PLACE FOR EVERYONE

It's easy to become a part of 4-H by joining one of the existing clubs across the province or starting one of your own. You can be a member or leader of 4-H wherever you live. Members are between the ages of 6 and 21. Leaders are 22 years and older. 4-H members belong to a club, enroll in projects and learn from the guidance of volunteer leaders. Members share knowledge, expand their personal interests and enhance social skills, while building lasting relationships.

### Make a Difference...Become a Leader

4-H British Columbia works because there are more than 600 volunteers to make it happen. Volunteers gain valuable experience and contribute to their community. Our volunteers benefit from training, conferences and opportunities to travel and network with other leaders. Enriching lives of youth in their community has no price - but it's value is endless.

### Be Original...Start Your Own Club

All you need is 6 members and an adult leader plus a sponsor and enthusiasm! This creates the perfect mix for everyone to 'Learn to Do by Doing". With support from the 4-H British Columbia community it's as easy as

visit www.4hbc.ca for more information

# **4-H PHILOSOPHY**



#### **MISSION**

4-H British Columbia builds awareness of agriculture, inspiring, educating, and supporting youth to reach their full potential.

#### **VISION**

Empowered and skilled young people committed to making positive change in their communities.

#### LEADERSHIP PILLARS

4-H Canada is delivering impactful programming that is relevant to today's youth. We do this through our four Leadership Development Pillars:

- Community Engagement & Communications
- Science & Technology
- Environment & Healthy Living
- Sustainable Agriculture & Food Security

#### **MOTTO**

Learn To Do
By Doing



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### 4-H BRITISH COLUMBIA PROVINCIAL COUNCIL

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